

REGISTRATION FORM

NAME: _____

ADDRESS: _____

CITY: _____ PC _____

PHONE # _____ (home)

PHONE# _____ (work)

BIRTHDATE _____ AGE _____

How did you hear about our programs?

Enclosed is a cheque for the amount _____ for registration payment. Cheques should be made payable to: L.Rushton

Mailing address: 5971 Cathedral Cres.

Nanaimo BC V9T 6B1

Ph#250-756-6151

Please read carefully and sign

We, the applicant and his/her parent/guardian agree that Larry Rushton, his employees, along with the employees of the ice arena are not liable for, nor will they be held responsible for any accident or loss however caused and agree to release same from all claims or damages. We further state that the applicant has no medical problems and is in good physical health and that the above mentioned parties will not be responsible for any medical, dental claims, and or insurance. Larry Rushton and his employees are not responsible for any lost or stolen articles. School schedules are subject to change. No refund will be given without a medical certificate and all refunds are subject to a \$25.00 administrative fee.

signature of parent/guardian date

Larry Rushton has a strong background in skating. Taught by some of the finest world & Olympic coaches in the world. Larry was a national competitor & gold medalist in skating and has played hockey. He has been able to transfer this success to his coaching & has been training hockey players, figure skaters & coaches for the past 26 years. He is the Can-power Skate coach & Director of Skating for the Sandy Shores Skating Club & has developed his own theory & methods for teaching hockey & figure skating. Larry along with his wife Leslee have coached several of their figure skaters to national & international medals. In 1999 they were named coaches of the year in BC/Yukon Section of Skate Canada. In hockey, Larry has trained players who have been selected in NHL Draft as well as players who have been awarded university scholarships and Jr. tier 1 & 2 players. Larry is certified Level 3 in the National Coaching Certification Program. Larry is undoubtedly considered one of the best in the field by many hockey & figure skating coaches, players, skaters, and parents!

RUSHTONS POWER SKATING ACADEMY 2010



OCEANSIDE PLACE ARENA

PARKSVILLE, B.C.

For information and registration

contact: 250-756-6151

Email:

rushtonsskatingschools@shaw.ca

THE ACADEMY

Rushtons Skating Schools has been in operation for 23 years. The academy specializes in proper power skating technique with emphasis on balance skills, agility, edge exercises, forward & backward skating, crossovers, all turns, conditioning, & quick starts. Physiologically, the skaters will develop their cardiovascular & muscular endurance, muscular strength & power. Resistance cords, parachutes, HD DVD video analysis, and some circuits will be taught with and without pucks.

We service our clients by being consistent in our teaching and by remaining a more personalized school. All sessions are instructed by Larry and Leslee Rushton, along with assistant coaches (PA's). The skaters that attend this school, come to improve one of the most important skills of the game of hockey, which is skating. If you are going to play hockey, you have to know how to skate properly. Rushtons Power Skating Schools knows what it takes to be the best. We offer quality and efficient instruction in a disciplined, no nonsense, no frills atmosphere.

As incentives, prizes, draws, hockey cards & hockey posters will be given out to the "skaters of the day" along with report cards with circuit times.

SUMMER PROGRAMS

2010

OCEANSIDE PLACE ARENA
PARKSVILLE, B.C.

July 19th – July 23, 2010

1:30pm-2:30pm

Cost: \$85.00 + HST \$10.20 = \$95.20

Groups will be divided into
smaller groups on ice based
on skill/age level

REGISTRATION & PAYMENT INFORMATION

-Please complete all information on the registration form.

-Full payment is required with the registration form.

-All refunds are subject to a \$25.00 administration fee. No refund will be given without a medical certificate.

-NSF cheques will be subject to a charge of \$30.00.

-You will receive telephone confirmation of registrations that are mailed in. If you do not receive confirmation two weeks after mailing your registration, please contact us.

-Your cancelled cheque is your receipt.

RULES

-Full equipment must be worn

-There will be no leaving the ice without permission from the instructor.

PRIVATE INSTRUCTION

-Larry is available for private, semi-private or small group and team instruction at Oceanside Place Arenas (or any other ice facility)

-Please contact us to arrange for a session.