

22nd

ANNUAL



RUSHTONS'
SUMMER
SCHOOL
OF
SKATING 2009

OCEANSIDE PLACE ARENA
830 WEST ISLAND HWY.
PARKSVILLE, B. C.

JULY 6th - AUGUST 7th, 2009 (Main Camp)
AUGUST 10th, 11th, 12th, 2009 (Competition Extension Ice)

SKATE CANADA SANCTION AND TEST DAY APPLIED FOR

RUSHTONS' SUMMER SCHOOL OF SKATING 2009

FEATURES: "Our summer school reflects our commitment to the development of the complete skater, focusing on the physical and mental disciplines essential to skating."

- A complete training program both on and off the ice. A disciplined training atmosphere in a new Multiplex facility with a new sound system designed for figure skating!
- **Training Site of many past and present National Competitors & Champions!**
- Use of Video - available to all coaches at the school
- Billeting assistance available if needed.
- Arena is located close to beach - ideal for water sports, sunning, etc. Motels, campgrounds nearby.
- Also tennis courts, picnic areas, playing fields,& playground close to Arena. Golf & Mini-golf close by.
- Fun dress up days every Friday for on-ice prizes: Planned special events & Fun Days:

July 10th - "Ice Age Day"

July 10th - Paradise Adventure Mini-Golf & Bumper Boats

July 17th - "Rainforest Day"

July 17th - Overnight Camping at Seven Springs Ranch

July 24th - "Wild Wild West Day"

July 24th - Wild Play Element Park

July 31st - Tentative test day...no theme

July 31st - Long Weekend therefore no activity

**** skater of the day and skater of the week awards! (ribbons, trophies, and prizes!!)****

IMPORTANT DATES:

July 6th - Orientation Day in arena lobby 1/2 hour before your session begins. There are off ice classes today - bring off ice training shoes! (meet in arena lobby for orientation first)

July 27th -Aug. 6th - Sessions with guest judges and coaches (TBA)

Dates tba - Competition Simulations

Aug. 3rd - Civic Holiday - no skating this day

July 31st - Tentative Test Day

Aug 13th - 16th - B.C. Summer Skate Competition (Vancouver - Burnaby 8 Rinks)

Aug. 11th, 11th, 12th - Competition Extension Ice (Leading up to B.C. Summer Skate) 6:30-8:00pm
***You must pre-register for this ice on your Registration Form. The cost for this ice will be posted on July 6th,and ice fees must be paid by Mon. July 13th .

All of the above events and dates are subject to change

RESERVATION FORM

Name of skater _____ Age _____ Birthdate _____
Mailing Address _____ City _____ Postal Code _____
email address _____
Address while at school _____ Tel.# _____
Parents or Guardian _____ Tel# _____
of weeks _____ Dates from _____ To _____
Emergency Contact: Name: _____ Ph. #(Res) _____ Ph.# (Bus) _____
B.C. Medical Care Card # _____ Doctor's Name _____ Ph.# _____
Does the skater have a history of allergies or medical conditions? _____

Please check desired package according to competition category:

1. Senior (Pre-Juv.- Senior competitors ; Must have passed Jr. Br. free/ Juvenile competitive) _____
2. Junior Academy (Pre-Prelim. & Prelim. competitors; Working on Prelim. & Jr. Br. Free _____
3. Pre-Junior Academy (Elementary level); circle choice of 3 days: Mon Tues Wed Thurs Fri

test passed:Skills _____ Freeski _____ Dance _____ CompetitiveSingles _____ Comp. Pair/Dance _____

Professionals selected for summer school _____

of lessons requested: _____

Signature of parent or guardian _____ Enclosed is \$ _____

No reservations will be made unless 50% of the total booking fee accompanies this form.

Balance due by May 1st, 2009. Payment may be by cheque, money order, or cash only.

****LATE PAYMENT FEE OF \$25.00 AFTER MAY 1st, 2009****

*Please place X beside event if you wish to participate as numbers of skaters are required in order to make reservations in advance. Please pay for extra activities with your registration form.

- Competition Extension Ice - Aug. 10th, 11th, 12th - _____ (fee will be posted July 6th)

- Wild Play Element Park (July 24th) - yellow course ages 7-12 - \$20.99 incl. Gst: _____
full course ages 12 & over - \$41.99 incl. Gst: _____

- Paradise Adventure mini-golf & Bumper Boats- Parksville Fri. July 10th
Mini Golf fees: Adult \$5.50 incl. Gst _____ Child (12 & under) \$4.00 incl. Gst _____

Bumper Boat fees: All ages \$4.75 incl. Gst _____
- Overnight Camping at Seven Springs Ranch (July 17th) Camping fee \$12.60 incl. Gst _____

there will be a sign up sheet at arena for food items to bring for dinner, breakfast & lunch

Cheques and money orders must be made payable to :

Rushtons' Skating Schools Inc., 5971 Cathedral Crescent, Nanaimo, B.C. V9T 6B1

RULES & REGULATIONS

- Refunds will be given only with medical certificate.
- A \$25.00 Administration Fee will be charged on all refunds with Medical Certificate.
- Note: No refunds after May 15,2009.
- Parental signature is required for skaters under the age of 18.
- All participants are governed by rules and regulations made by the Summer School,
- NSF cheques will be subject to a \$25.00 service charge, and replacement amount must be made by cash, money order or certified cheque.

HOME CLUB AND COACH PERMISSION AND INFORMATION

Name of Home Club: _____ Home Club Number _____

Tests passed: _____

Tests you may be taking: _____

Skate Canada Registration number: _____ Home Club # _____

THE ABOVE SKATER IS HEREBY GRANTED PERMISSION TO SKATE ON SESSIONS, RECEIVE LESSONS FROM COACHES ON STAFF, TAKE TESTS AND PARTICIPATE IN SANCTIONED EXHIBITIONS AT THE RUSHTONS' SUMMER SCHOOL OF SKATING.

Signature of Home Club Official & office held _____ Date _____

Signature of skaters Head Coach _____ Date _____

Skaters Head Coach phone # _____ email: _____

LIABILITY AGREEMENT

The Skater, or if Skater is under 21 years of age, the Skater and the Parents or Guardians agree: The Skater skates at his/her own risk.

Management, Directors or coaches will not be responsible for any loss or damage sustained through injury to the Skater, or other Skaters on or off the ice, or any other liability loss, damage or expense incurred as a result of the skater attending the Rushtons' Summer School of Skating. The Skater will abide by the rules of the Rushtons' Summer School of Skating and Skate Canada. All fees for lessons will be paid for upon billing. All ice fees for skating will be paid in advance.

Medical # _____ Please list any Medical Conditions or Allergies _____

PARENT OR GUARDIAN SIGNATURE _____ **Date:** _____ **2009**

****INCOMPLETE REGISTRATION FORMS WILL NOT BE ACCEPTED!!!****

****FOR MORE INFORMATION OR ADDITIONAL FORMS-CONTACT THE DIRECTORS
LARRY AND LESLEE RUSHTON:**

5971 CATHEDRAL CRESCENT, NANAIMO, B.C. V9T 6B1

email: rushtonsskatingschools@shaw.ca - website:www.wowskate.com

*****Bus: (250) 756-6151 - Rushton Sportech Inc. & Rushtons Skating Schools Inc.*****

PROFESSIONAL COACHING STAFF

LARRY & LESLEE RUSHTON -

Rushtons' Skating Schools Inc. & Rushton Sportech Inc - Bus: 250-756-6151

- email: rushtonsskatingschools@shaw.ca

MARCIE WALKER - Res: 250-746-8556

-email: m-walker@shaw.ca

LORRAINE FRANCISTY - Res: 250-748-4069

-email: lfrancisty@shaw.ca

**COACHES WISHING TO ATTEND WITH THEIR STUDENTS PLEASE
CONTACT - L. RUSHTON**

SKATING TUITION

1. SENIOR - Spin Session Twice Per Week (Tues. & Thurs.)
 - 2 Freeskate Sessions Per Day
 - 3 Dance/Skills Sessions Per Week (Mon. Wed. & Fri.)
 - On Ice Stroking Session Daily with Professional
 - Off Ice Class 3 Times Per Week with Instructor (Mon. Tues. Thurs)
 - All Inclusive 5 Week Rate: $\$790.18 + (\text{GST } \$39.57) = \$829.69$
 - All Inclusive Weekly Rate: $\$195.57 + (\text{GST } \$9.78) = \$205.35$

2. JUNIOR ACADEMY

- Spin Session Twice Per Week (Tues. & Thurs.)
- 1 Freeskate Session Per Day
- 3 Dance/Skills Sessions Per Week (Mon. Wed. & Fri.)
- On Ice Stroking Session Daily with Professional
- Off Ice Class 3 Times Per Week with Instructor (Mon. Tues. Thurs)
- All Inclusive 5 Week Rate: $\$642.48 + (\text{GST } \$32.12) = \$674.60$
- All Inclusive Weekly Rate: $\$164.03 + (\text{GST } \$8.20) = \$172.23$

3. PRE-JUNIOR ACADEMY

- 3 Freeskate Sessions Per Week (choice of any 3 days)
- On Ice stroking session on your 3 days with professional
- 1 Off Ice Class 3 Times Per Week with Instructor
Mon.Tues.Thurs.8:00-8:45am (week1,3,4); 4-4:45pm (wk.2)
- All Inclusive 5 Week Rate: $\$207.12 + (\text{GST } \$10.36) = \$217.48$

PRIORITY GIVEN TO 5 WEEK FULL PACKAGE SKATERS

PLEASE BOOK PRIVATE LESSONS DIRECTLY WITH PROFESSIONAL
ABOVE FEES DO NOT INCLUDE PRIVATE LESSONS.

*** Split packages can be arranged: please contact L. Rushton for the details ***

EXTRA SKILLSFREE/DANCE DAILY: Daily (each) $\$15.00 + (\text{GST } \$0.75) = \$15.75$

.....DROP IN
FEE - On Ice Stroking/Conditioning $\$10.00 + (\text{GST } \$0.50) = \$10.50$

Guest Fees are subject to space availability (FOR SKATERS NOT PURCHASING THE ALL INCLUSIVE 5 WEEK PACKAGE, THE DROP IN FEE MUST BE PAID TO A DIRECTOR PRIOR TO SESSION)

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DAILY SCHEDULE

MONDAY TO FRIDAY ON ICE:

Mon. July 6th-Fri. July 31st

9:00am. - 9:15 am. * PRE-JR./ JUNIOR ACADEMY STROKING
9:15am. - 10:00am. PRE-JR./ JUNIOR ACADEMY FREESKATE
10:00am. - 10:30am. JR. DANCE OR SKILLS (Prelim.- Sr. Br.) (MWF)
JR. SPIN SESSION (TUES & THUR.)
10:30am. - 10:45am. ICE CLEAN

10:45am. - 11:30am. SR. FREESKATE #1
11:30am. - 12:00pm SR. DANCE OR SKILLS (Sr. Br.-Gold) (MWF)
SR. SPIN SESSION (Tues & Thurs.)
12:00pm. - 12:15pm ICE CLEAN
12:15pm. - 1:00pm. SENIOR FREESKATE #2
1:00pm. - 1:15pm. * SENIOR STROKING/CONDITIONING
1:15pm. - 1:30pm. ICE CLEAN
1:30pm. - 2:15pm. SENIOR FREESKATE#3
(Senior freeskate sessions will be designated at the orientation session)

Tues. Aug. 4th - Fri. Aug. 7th

6:30pm. - 7:15pm. PRE-JR./JUNIOR ACADEMY FREESKATE
7:15pm. - 8:00pm. SENIOR FREESKATE
8:00pm. - 8:15pm. ICE CLEAN
8:15pm. - 9:00pm. SENIOR FREESKATE

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* INDICATES PROFESSIONAL INSTRUCTION INCLUDED IN TUITION

Please note: Skaters who have completed skills & dance tests may use this session for footwork, field moves, & programming. Spins & jumps will not be permitted on the dance/skills sessions.

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OFF ICE STRENGTH, STRETCH & FLEXIBILITY CLASSES:
MONDAY, TUESDAY, THURSDAY (no off ice on test day)

Mon. July 6th - Thur. July 30th

8:00am - 8:45am - *PRE-JR/ JUNIOR
9:45am - 10:30am - *SENIOR

SCHEDULE SUBJECT TO CHANGE